

The Shuttle Feed

January 2019 No. 32



Upcoming Events

12th of January –
Badminton Centre Re-opens

13th of January – STBA 2019
Season Opening

14th of January – Roster 1
Starts

26th of January – Australia
Day

12th of February – Regatta
Day

**24th of February – 2nd of
March** – Australian National
Championships and Ede
Clendinnen Shield

Message from the President

Welcome to the Southern Tasmanian Badminton Association's Newsletter.

Happy New Year

It is with a great deal of enthusiasm that I greet members to the new year, which I consider will be a very busy and productive year for STBA.

We again start the year with STBA 2019 Launch on the 13th of January, a free event for all those attending. I hope to see as many members there as possible to participate in the various activities, join us for a free barbeque or just to have a hit before the new roster commences.

This year will also be a very busy year for the Association. We have our usual roster, junior events and regular tournaments. On top of this we will be hosting the Australian National Championships and Ede Clendinnen Shield from the 24th of February to the 2nd of March, and then in October the Hobart Ladies Badminton Association will be conducting the Atalanta Jamboree. These events will bring to Hobart the best players in Australia for the National Championships, and approximately 350 ladies from all over Australia and New Zealand for the Jamboree. I would recommend members get behind these events and come along and support them.

I look forward to seeing you all throughout the year, both during rosters and at tournaments.

Yours in badminton.

Robert Brockman, President

2019 FREE BADMINTON OPEN DAY & SEASON LAUNCH!

The Open Day and Season Launch, held on Sunday the 13th of January, is for all to enjoy and celebrate the season ahead. We hope to see you there!

Here is one idea how you can make the most of the day...

ATTENTION ROSTER 1 REGISTERED PLAYERS: READ ON TO FIND OUT HOW TO CREATE YOUR PERFECT SUNDAY MORNING THIS WEEKEND!!

1. First and most importantly find your badminton racquet after the holiday break - check under the beach towels, boot of the car or empty wine boxes and the like!
2. Unleash all of your energy at the FREE and exclusive pre- Season Open Day 'Hit- Out' session from 10am-11am. Shuttles are even included!
3. Following this awesome session and so that your body doesn't go into shock during your first games back at roster, take yourself over to courts 9-12 and do the free and very HIIT FITNESS WORKOUT with our superstar fitness guests Booty Lifestyle at 11:30! It's for all ages and all fitness levels so don't be shy, just enjoy it. Your body and your badminton game will thank you for it!
4. By now you are probably feeling a little peckish after all your great work, so head over to our free Badminton Brunch (yes that sounds good - even a touch fancy....ha ha) and treat yourself to some yummy bbq food.
5. There are two options from here - 1. be totally stoked by your morning's achievements and head to the beach, or 2. be determined to put your name on the Fastest Smash Bragging Rights Leader Board! Tough call I know - I would probably go option 2! Told you - perfect Badminton morning - and all FREE!

Look forward to seeing you there to enjoy and celebrate our great Centre and sport together before the 2019 season kicks off.

If you are not a Registered 1 Roster player just skip point number 2 and head in at 11am and go straight to the courts then to point number 3!

2019 FREE BADMINTON OPEN DAY & SEASON LAUNCH!

Lets play in 2019!
Southern Tasmanian Badminton
Association
101 Cascade Road, South Hobart.
Need more information?
Contact Donna 0448819974

**FIND OUT WHY BADMINTON
IS SO SOOOOOO GOOD!**

**SUNDAY 13 JANUARY
11 AM TO 3 PM
FREE ENTRY - ALL WELCOME!**

- FANTASTIC FUN DAY! • LOADS OF ACTIVITIES & OPPORTUNITIES TO JOIN IN!
 - FREE BBQ • RACQUETS & SHUTTLES PROVIDED
 - FIND OUT HOW YOU CAN PLAY
- NEW KIDS SUPER SMASH 'IN A HAT' GAMES TIME (8-18YRS)
- AWESOME 'POP UP' FITNESS WORKOUT WITH THE 'BOOTY LIFESTYLE' TEAM
 - FASTEST SMASH 'BRAGGING RIGHTS' COMPETITION
- TINY TOTS & KIDS 'SHUTTLE TIME' PLAY COURT • INFORMATION BOOTHS
- LUCKY DOOR PRIZE • OUTLAST+ OUTPLAY THE ELECTRONIC FEEDING MACHINE
- EXCLUSIVE ROSTER READY 'PRE-SEASON HITOUT' FOR ALL 2019 (ROSTER 1)
REGISTERED PLAYERS & TRAINING SESSION

**PLUS MUCH MUCH MORE!
SAVE THE DATE AND SEE YOU THERE!**



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Lets play in 2019!

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Need more information?
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SUNDAY 13 JANUARY 11 AM TO 3 PM

FREE ENTRY - ALL WELCOME!

SCHEDULED TIMES FOR OPEN DAY SPECIAL PROGRAMMED ACTIVITIES

11:30 AM - 12:30 PM
**AWESOME 'POP-UP' HIIT STYLE FITNESS WORKOUT
WITH HOBART'S BOOTY LIFESTYLE TEAM.**

IT'S TIME TO WORK OFF THAT XMAS PUDDING AND GET THAT BODY MOVING AGAIN AFTER THE HOLIDAYS! THIS FANTASTIC FITNESS WORKOUT LED BY THE AWE-INSPIRING PHOEBE OUTTRAM WHO IS A EXPERIENCED PERSONAL TRAINER, GROUP FITNESS LEADER AND PILATES TEACHER! PHOEBE AND TEAM ARE PASSIONATE ABOUT FITNESS, HEALTH AND WELLNESS AND INSPIRING OTHERS TO ACHIEVE THEIR FITNESS & HEALTH GOALS. DO NOT MISS THIS WORKOUT - IT IS SERIOUSLY THE PERFECT WORKOUT FOR BADMINTON PLAYERS AND ANYONE WHO WANTS TO INCREASE THEIR FITNESS, STRENGTH AND AGILITY! SUITED TO ALL FITNESS LEVELS & CHILD FRIENDLY. JUST TURN UP AND REAP THE BENEFITS OF YOUR WORKOUT!

FREE. COURTS 9-12

12:40 AM - 12:55 PM
LAUNCH OF 2019 SEASON

WHAT'S IN STALL FOR 2019! SO MUCH HAPPENING COME AND FIND OUT
COURT 4

12:30 PM - 2 PM
FASTEST SMASH 'BRAGGING RIGHTS' COMPETITION

HOW FAST IS YOUR SMASH? THE WORLD'S FASTEST SMASH HAS BEEN CLOCKED AT 305 KM/HI
WHAT CAN YOU DO?

COME AND CLAIM 2019 BRAGGING RIGHTS - WE CHALLENGE YOU!
FREE. COURT 2

1:15 PM - 2:30 PM
KIDS SUPER SMASH 'IN A HAT' GAME TIME FUN

KIDS COME AND HAVE SOME FUN GAMES WITH OTHER KIDS JUST LIKE WE DO AT SUPER SMASH KIDS ROSTER! IN THIS SPECIAL REVISED FORMAT FOR THE OPEN DAY WE WILL PULL YOUR NAME OUT OF A HAT TO SEE WHO YOU PLAY WITH AND WHO YOU PLAY AGAINST! YOU WILL PLAY VARIOUS GAMES WITH DOUBLE POINTS WON FOR A WINNING SMASH! AGES 8-18YRS. BEGINNER TO ADVANCED. OUR NEXT SUPER SMASH ROSTER COMMENCES IN FEBRUARY/TERM 1 2019 SO GET AMONGST IT AND ENJOY YOURSELF. *NB: DUE TO THIS BEING A GAMES FORMAT CHILDREN MUST BE ABLE TO SERVE, RETURN & PLAY SMALL RALLIES TO PARTICIPATE.

FREE. COURTS 9-12

**** EXCLUSIVE FOR 2019 REGISTERED
ROSTER PLAYERS ONLY**

10 AM TO 11 AM (1 HOUR)
***EXCLUSIVE 'PRE-SEASON HITOUT'
SESSION FOR 2019 REGISTERED
ROSTER PLAYERS.**

IT'S TIME TO PLAY! WITH ROSTER 1 ONLY DAYS AWAY FROM COMMENCING COME ALONG TO THIS EXCLUSIVE SESSION FOR YOU TO HAVE A HIT AND GET SOME PRACTICE GAMES UNDER YOUR BELT BEFORE YOUR FIRST MATCH! FREE COURT HIRE AND SHUTTLES PROVIDED. ROAMING COACHES WILL ALSO BE ON HAND TO HELP YOU OUT WITH ANY ASPECT OF YOUR GAME IF REQUIRED. FOLLOWING THIS SESSION STAY ON AND KICK START YOUR FITNESS IN 2019 WITH A VERY AWESOME FITNESS WORKOUT WITH BOOTY LIFESTYLE AT 11:30 AM ENJOY A FREE BBQ AND OTHER GREAT ACTIVITIES ON OFFER THROUGHOUT THE DAY. **FREE. COURTS 1 - 8**

10:15 AM - 11 AM
**FREE DYNAMIC & FUN COACHING/TRAINING
SESSION FOR INTERMEDIATE ROSTER PLAYERS
WITH GREG MEAGHAN**

"TRAINING CAN BE REALLY ENJOYABLE!" THIS IS A ENERGETIC SESSION PROGRAMMED TO MUSIC WHICH COVERS FOOTWORK, HANDWORK, TECHNIQUE AND SKILL DEVELOPMENT. THIS SESSION IS SUITED TO DIV 2 & DIV 3 PLAYERS.
MAX 16 PEOPLE - BOOKINGS ESSENTIAL. GET IN QUICK - FIRST IN FIRST SERVED BASIS.
CONTACT DONNA ON 0448819974 TO RESERVE YOUR SPOT OR EMAIL
DEVELOPMENT@SOUTHERNTASBADMINTON.COM.AU
FREE. COURTS 9-12

All other activities listed run for the duration of the day.
NB: Times above may be subject to change at late notice following initial release.
Please check with our website for up to date information. www.southerntasbadminton.com.au



ROSTER

Roster 1 of 2019 is starting the week of the 14th of January. Annual membership (which is required for all people playing roster) is \$10 per year. This fee covers insurance and required affiliation fees for the Tasmanian Badminton Association. In addition, those playing in Roster 1 are required to register. Three consecutive rosters cost \$105, or a single roster is \$40. Please pay your registration as soon as possible. Match fees per week will be approximately \$12. Good luck to all those playing in Roster 1!

Congratulations to the winners of Roster 3 2018!

Division 1

Winners: ScoMo's Goodfellas

Andrew Young, Deryck Green, Vincent Ponsonby
June Watkins, Angela Trojan, Geordie Jennings



Division 2

Winners: Cauliflower & Cheese

Sally Smith, Nicholas Bauermeister, Sophie Fazackerley
Amal Chandran, Ricky Beswick, David Gordon



Division 3

Winners: Lancaster

Nils Eggert, Alison Jacob, Bryarne Duldig
Richard Edwards, Pradeep Pereira



Division 4

Winners: Giza

John Andrews, Grace Andrews, Gillian Cannell
Natalie Mirowski, Paul Andrews, Jack Andrews





Australian National Championships and Ede Clendinnen Shield

The 2019 Australian National Championships and Ede Clendinnen Shield are being held in Hobart this year from the 24th of February to the 2nd of March. These events bring together the best players in the country. We encourage you to come and watch some high quality matches and support the Tasmanian team.



WANTED

Ladies wishing to play competition badminton during the day.

We play on Tuesday, Wednesday and Thursday from 9:30 am - 12 noon, during school terms.

For more information:
 Email our secretary: secretaryhlba@gmail.com
 Join our Facebook page: Hobart Ladies Badminton Association
 Turn up on the day

ALL LEVELS OF ABILITY CATERED FOR

101 Cascade Road, South Hobart

Hobart Ladies Badminton Association

Contact the STBA

101 Cascade Road, South Hobart

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